PROTECT AND PREVENT

Zika Virus Infection



WHAT MEN SHOULD KNOW! | ZIKA VIRUS SYMPTOMS

- Zika is spread through the bite of an infected mosquito
- Zika can be spread by an infected man to his sex partners through any kind of unprotected sex
- If your partner becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or the baby may be born with serious birth defects
- There is no medicine to treat Zika or vaccine to prevent Zika



MOST PEOPLE DON'T KNOW
THEY HAVE ZIKA. THE ILLNESS
IS USUALLY MILD WITH SYMPTOMS
LASTING SEVERAL DAYS.

PREVENT ZIKA SPREAD DURING SEX

DEET

IF YOU HAVE ZIKA (OR SYMPTOMS OF ZIKA)

- Use a condom for all sexual activity or abstain from sex
- Wait at least 6 months before getting your partner pregnant
- Talk to your doctor about
 - The risks of Zika during pregnancy
 - The spread of Zika through sexual activity

IF YOU MAY HAVE BEEN EXPOSED TO ZIKA

- Use a condom for all sexual activity or abstain from sex
- Wait at least 8 weeks before getting your partner pregnant
- Talk to your doctor about
 - The risks of Zika during pregnancy
- The spread of Zika through sexual activity



PROTECT AGAINST

- Use EPA-registered insect repellents containing 20%-30% DEET (follow label directions)
- Wear long sleeves, long pants and socks
- Wear permethrin-treated clothing



- Stay in places with air conditioning or tight-fitting window and door screens
- Tip 'n Toss: eliminate standing water around your home and yard



PROTECT AND PREVENT

Zika Virus Infection



WHAT WOMEN SHOULD KNOW! SYMPTOMS ZIKA VIRUS

- Zika is spread through the bite of an infected mosquito
- Zika can be spread by an infected woman to her sex partners through any kind of unprotected sex
- If a woman becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or her baby may be born with serious birth defects
- There is no medicine to treat Zika or vaccine to prevent Zika



MOST PEOPLE DON'T KNOW THEY HAVE ZIKA. THE ILLNESS IS USUALLY MILD WITH SYMPTOMS LASTING SEVERAL DAYS.

CONSIDERATIONS ZIKA F O R WOMEN

WOMEN WHO ARE PREGNANT

- Pregnant women should not travel to areas with on-going Zika outbreaks
- Use condoms for all sexual activity if your partner may have Zika or been exposed to Zika
 - -OR-
- Don't' have sex during your pregnancy

WOMEN CONSIDERING PREGNANCY

TALK TO YOUR DOCTOR ABOUT:

- Plans for having children
- The potential risk of getting Zika during pregnancy
- Your partner's potential exposure to Zika

DEET

WOMEN WISHING TO AVOID OR DELAY PREGNANCY TALK TO YOUR DOCTOR ABOUT:

Options for birth control that are safe. effective and fit your life style



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