Summer Travel Zika Protection

Stay Clear of Zika Virus!
Zika is a disease primarily spread by mosquitoes, but Zika can also be passed through sex from a person who has Zika to his or her sex partners.

Watch for symptoms after you get home.
Call your doctor immediately if you suspect Zika
Use insect repellent for 3 weeks after travel

PREVENT ZIKA

What are the symptoms?
- fever and headache
- red eyes
- rash
- joint pain
- muscle pain

80% of people with Zika don’t know they are infected

Stop the spread of Zika virus
- Female traveler – Use condoms for all sexual activity or abstain from sex for at least 8 weeks after returning from an area with Zika
- Male traveler – Use condoms for all sexual activity or abstain from sex for at least 6 months after returning from an area with Zika

Pack to protect yourself against Zika virus
- Pack EPA-registered insect repellents containing 20%-30% DEET (follow label directions)
- Pack long sleeves, long pants and socks or permethrin-treated clothing and gear
- Zika can also be spread through sexually activity, so pack appropriate protection
- Stay in places with air conditioning, tight-fitting window and door screens, use a bed net

Find out what it takes to stop Zika
Please visit dph.georgia.gov/zika