



# Zika

Presentation to: Nutrition Services Directors

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Date: December 13, 2016



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# Zika

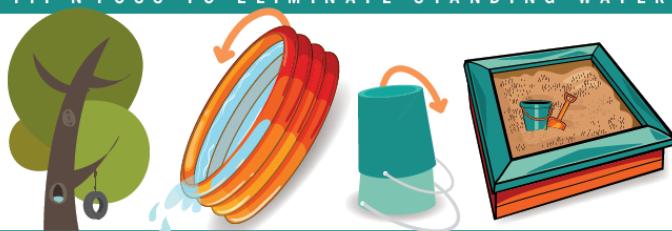
- Flyers should continue to be distributed to WIC families
  - Current primary issue is sexual transmission
  - Mosquito season in Georgia starts in May
- Questions from participants should be referred to their health care provider

# Zika

## PROTECT AND PREVENT Zika Virus Infection

- Use EPA-registered insect repellents  
For children 2 months old and older use products with 10%-30% DEET  
For children 3 years old and older oil of lemon eucalyptus may be used
- Apply sunscreen first, then insect repellent (mosquitoes that spread Zika bite mostly during the daytime)
- Dress in light-weight clothing to cover arms and legs (avoid bright colors, flowery prints)
- DO NOT** apply insect repellents to children's eyes, mouth, hands or irritated skin  
Adults: spray insect repellent on your hands then apply to child's face and top of head
- DO NOT** apply insect repellent to skin under clothing
- Cover strollers, baby carriages, and car seats with mosquito netting

### TIP 'N TOSS TO ELIMINATE STANDING WATER



**Find out what it takes to stop Zika  
Please visit [dph.georgia.gov/zika](http://dph.georgia.gov/zika)**   
Georgia Department of Public Health

## PROTECT AND PREVENT ZIKA Virus Infection

- No vaccine to prevent Zika
- No medicine to treat Zika
- Zika can be spread through mosquito bites and through unprotected sex
- Zika is linked to serious birth defects

### ZIKA VIRUS SYMPTOMS



### PREVENT ZIKA INFECTION DURING PREGNANCY



- Use condoms for all sexual activity if partner may have or had Zika
- OR
- Don't have sex during pregnancy if partner may have or had Zika

### THINKING ABOUT PREGNANCY?

- Talk to your doctor or healthcare provider about the risks of Zika during pregnancy

### BREASTFEEDING

- There are no reports of infants being infected with Zika through breastfeeding

### PROTECT AGAINST MOSQUITO BITES



- Use EPA-registered insect repellents containing 20%-30% DEET (follow label directions)
- Used properly, EPA-registered insect repellents are safe for pregnant and breastfeeding women
- Dress in light-weight clothing to cover arms and legs (no bright colors, flowery prints)
- Tip 'n Toss: eliminate standing water around your home and yard

### ZIKA VIRUS SYMPTOMS



### MICROCEPHALY



Zika spreads from woman to baby during pregnancy  
Zika causes a smaller-than-normal head  
Zika causes poor brain development in babies

### MOSQUITO BITES

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# FAQ

- How should we emphasize Zika in a WIC clinic?
- WIC staff should only be providing the information contained in the flyer. All other questions should go the participant's health care provider.

# FAQ

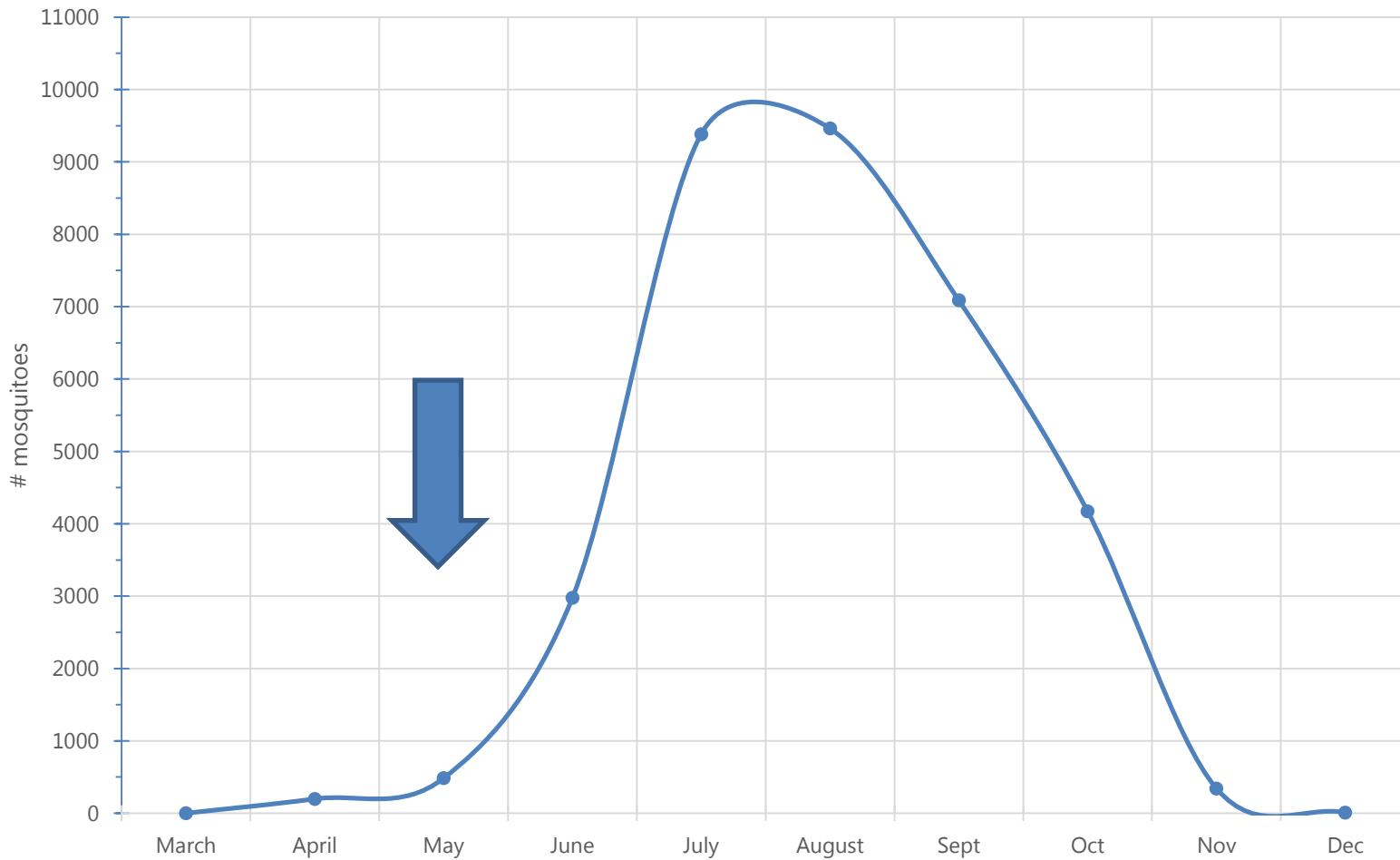
- Does WIC need to share any other materials?
- If families want more general information, they can go to the DPH Website.
  - [dph.georgia.gov/zika](http://dph.georgia.gov/zika)
  - The cover page for the DPH Website continues to feature Zika.

# FAQ

- Is there any way to test for the Zika virus?
- A person's healthcare provider can test with a blood or urine sample. Refer to the health care provider for evaluation.

# FYI – Mosquito Season

*Aedes albopictus* (2001-2016)



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# Update Information

- 8 pregnant women in Georgia are being tracked through the Zika Registry
- Expectations are for significant increase in knowledge about the Health and Birth effects based on research in Columbia and Puerto Rico prior to next mosquito season
- Georgia DPH has applied for a CDC grant for ongoing outreach, coordination and education about Zika in 2017.

# Questions