



# Capitol Hill Fitness Center

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**Website:** <https://dph.georgia.gov/CapitolHillFitness>

## DETAILS

- We are conveniently located on the 1st and 2nd floors of the 2 Peachtree building in downtown Atlanta. The fitness center is open to all State of Georgia employees and its contractors on Capitol Hill.
- The fitness center is fully staffed by fitness professionals who hold a four-year degree in an Exercise Science related field and hold a current nationally-accredited Personal Training and CPR/AED certification.

## FACILITY INFORMATION

- Group Exercise Classes
- Functional Fitness Training Space
- Free Weights and Cable Rack
- Selectorized Weight Machines
- Treadmills, Ellipticals, Bicycles, and Rower
- Personal Training for Individuals or Groups of up to 4 People
- Free Baseline Screenings
- Locker Rooms with Shower Facilities and Locker Rental
- Fitness Challenges, Incentive Programs & more

## HOURS OF OPERATION

Monday - Thursday 6:00am - 7:00pm

Friday 6:00am - 6:00pm

Closed Weekends and State of Georgia Holidays

## MEMBERSHIP PRICES

- Month to Month Membership: \$34.99/month
- 12 Month Membership: \$24.99/month
- Daily All Access Pass: \$7/day
- Single Group Exercise Class: \$3
- 10 Group Exercise Class Pass: \$25
- Locker Rental: \$10/month

## PERSONAL TRAINING

### Individual

Single Session: 30 minutes-\$25 / 50 minutes-\$45

6 Sessions: 30 minutes-\$139 / 50 minutes-\$249

12 Sessions: 30 minutes-\$249 / 50 minutes-\$479

### Group - 50 minutes

2 People: Session \$25/Person

3 People: Session \$22.50/Person

4 People: Session \$20/Person