

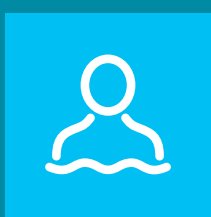
HEALTHY

SEVEN PREVENTION STEPS FOR HEALTHY & SAFE SWIMMING

AND SAFE

MAKE A HEALTHY SPLASH: SHARE THE FUN, NOT THE GERMS

SWIMMING



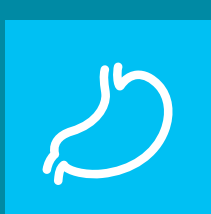
DON'T SWIM WHEN you have diarrhea



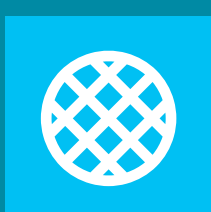
SHOWER BEFORE you enter the pool



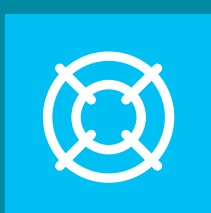
DON'T SWALLOW THE WATER you swim in



DON'T PEE IN THE WATER and report poop



DON'T SWIM IF pool drain covers are missing, broken or can't be clearly seen



CLOSELY SUPERVISE CHILDREN in the water



REPORT HAZARDS to your local health department, environmental health office

ENVIRONMENTAL HEALTH SPECIALISTS inspect public swimming pools throughout the state for appropriate health and safety practices. However, it's important to remember these facts.

- **Disease outbreaks** and drowning linked to swimming pools increase during the summer months.
- **Chlorine and other disinfectants** kill most germs within minutes, but some can survive for days.
- **Pee, sweat, and dirt** from swimmers' bodies also mix with chlorine and form chemicals that can make our eyes red and reduce the level of chlorine available to kill germs.
- **Drowning is a leading cause** of unintentional death among children age 1-14 in the United States.

Everyone can take these simple and effective prevention steps to make a healthy and safe **SPLASH**.

PLEASE VISIT: <http://dph.georgia.gov/pools> AND
<http://dph.georgia.gov/injury-prevention-program>