

Employee Tobacco-Free Tip Card

GEORGIA TOBACCO-FREE COLLEGES & UNIVERSITIES

In an effort to protect the health of many Georgians, the Board of Regents overseeing the University System of Georgia has directed all colleges and universities within its system to begin going **tobacco free in August 2014**. Tobacco use will not be allowed in any buildings and/or on the grounds of colleges and universities within the University System of Georgia including:

Parking lots –Courtyards – Campus Housing – Dining Halls

Tobacco facts and resources

- Tobacco use is the No. 1 cause of preventable deaths in Georgia.
- Almost 10,000 adult Georgians die every year from tobacco related illnesses.
- 3 million Georgians are exposed to any secondhand smoke on one or more days in the past seven days.
- Tobacco use cost Georgia nearly \$5 billion in healthcare costs and loss of productivity.

If you see an employee, client or visitor using tobacco on campus, use these tips:

- Be polite and friendly.
- Assume the person isn't aware of the policy.
- Explain tobacco use is not permitted on any campus that is a part of the University System of Georgia.
- Offer a Georgia Tobacco Quitline brochure.
- Remind the person of links between tobacco use and health risks.
- Empathize with the person's situation.
- Make a decision based on the situation — you may not want to insist, but offer a Georgia Tobacco Quitline brochure.

University System of Georgia's website:

<http://www.usg.edu/>

Georgia Tobacco Quitline

1-877-270-STOP (7867)

Spanish: 1-877-2NO-FUME (266-3863)

<http://dph.georgia.gov/georgia-tobacco-use-prevention-program>

(This document is intended for Staff Use)